

Year 4, 5 and 6 PSHE Learning Sequence

All lessons can be accessed at <https://www.coramlifeeducation.org.uk/scarf/half-termly-units>

Year A:

	Unit	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	<i>Me and My Relationships</i>	Collaboration challenge	Give and take	How good a friend are you?	Relationship cake recipe	Our emotional needs	Being assertive
Term 2	<i>Valuing Difference</i>	Qualities of friendship	Kind conversations	Happy being me	The land of the Red People	Is it true?	Stop, start, stereotypes
Term 3	<i>Keeping Myself Safe</i>	Spot bullying	Play, like, share	Decision dilemmas,	Ella's diary dilemma	Vaping – healthy or unhealthy?	Would you risk it?
Term 4	<i>Rights and Responsibilities</i>	What's the story?	Fact or opinion?	Mo makes a difference	Rights, respect and duties	Spending wisely	Lend us a fiver
Term 5	<i>Being my Best</i>	It all adds up	Different skills	My school community	Independence and responsibility	Star qualities	Basic first aid including Sepsis Awareness
Term 6	<i>Growing and Changing</i>	How are they feeling?	Taking notice of our feelings	Dear Ash	Growing up and changing bodies	Changing bodies and feelings	Help, I'm a teenager – get me out of here!

Year B:

	Unit	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	<i>Me and My Relationships</i>	Working together	Solve the friendship problem	Behave yourself	Assertiveness skills	Don't force me	Acting appropriately
Term 2	<i>Valuing Difference</i>	OK to be different	We have more in common than not	Respecting differences	Tolerance and respect for others	Advertising friendships	Boys will be boys – challenging gender stereotypes
Term 3	<i>Keeping Myself Safe</i>	Think before you click	To share or not to share	Rat park	What sort of drug?	Drugs – it's the law	Alcohol – what is normal?
Term 4	<i>Rights and Responsibilities</i>	Two sides to every story	Fakebook friends	What's it worth?	Jobs and taxes	Democracy in Britain – Elections	Democracy in Britain – how laws are made
Term 5	<i>Being my Best</i>	This will be your life	Our recommendations	What/s the risk?	What's the risk? (2)	Basic first aid including sepsis awareness	Five ways to wellbeing
Term 6	<i>Growing and Changing</i>	I look great	Media manipulation	Pressure online	Helpful or unhelpful? Managing change Taught every year to Y6 only	Is this normal Taught every year to Y6 only	Making babies Taught every year to Y6 only

Year C:

	Unit	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	<i>Me and My Relationships</i>	Human machines	OK or not OK? (1)	Ok or not OK? (2)	An email from Harold	Different feelings	Under pressure
Term 2	<i>Valuing Difference</i>	Can you sort it?	What would I do?	The people we share our world with	That is such a stereotype	Friend or acquaintance?	Islands
Term 3	<i>Keeping Myself Safe</i>	Danger, risk or hazard	How dare you	Keeping ourselves safe	Raisin challenge (2)	Picture wise	Medicines – check the label
Term 4	<i>Rights and Responsibilities</i>	Who helps us stay healthy and safe?	It's your right	How do we make a difference?	In the news	Safety in numbers	Why pay taxes?
Term 5	<i>Being my Best</i>	What makes me ME	Making choices	SCARF hotel	Harold's seven Rs	My school community	Basic first aid
Term 6	<i>Growing and Changing</i>	Moving house	My feelings are all over the place	All change	Preparing for changes at puberty Taught every year to Y4	Secret or surprise?	Together

